## **Post Dental Instructions**



Today your pet received a pre-surgical examination, sedation, anesthesia, and a thorough dental cleaning. A thorough dental cleaning can only be achieved while the pet is under general anesthesia. Anesthesia keeps your pet free of pain during the dental procedure and allows the veterinarian to fully inspect the teeth. Tartar can then properly be removed from all the teeth, even under the gum line. Post cleaning, pet's teeth were evaluated to determine if any extractions are needed. Once the teeth had been evaluated and all extractions, if needed, were completed, the teeth were polished. This leaves a smooth surface on the teeth discouraging plaque from forming into tartar and binding to the rough tooth surface. Polishing also helps remove underline staining and brightens the teeth themselves.

## What to expect once your pet gets home

1. Possible cough: During the anesthetic period, your pet was closely monitored by one of our team members. An endotracheal tube was placed during your pet's dental to help control the rate of anesthetic given as well as to prevent any liquid (saliva, water, dental polish) from invading the airways. Sometimes, this tube can cause some minor throat irritation and result in a mild transient cough for a couple of days. If this cough persists more than 3 days or appears to worsen, please call.

2. Mild Lethargy: It is normal for patients to be tired up until the night after their procedure. Most pets should have normal energy levels the following morning. If your pet continues to be lethargic, please call our office.

3. Possible Nausea: Some patient may experience post procedure/anesthetic nausea. For this reason, we recommend restricting food intake until the morning after his/her procedure. Please contact our office if Inappetence or vomiting extends past 24 hours.

## When to feed your pet

Anesthesia can make your pet feel nauseous. It takes about 24 hours for the anesthetic medications to completely leave your pet's system. For this reason, we recommend only offering a small meal the night after the dental procedure. You may return to regular feeding the following day.

## What to feed your pet

If your pet had no extractions: Feed your regular pet food

If your pet had extractions: We recommend a soft food diet for the next 7 days. This will allow time for your pet's mouth to heal. If you normally feed dry food at home, you can add some water to the regular diet and allow it to soak for 5-10 minutes prior to feeding. This way your pet will not get an upset stomach by having a sudden diet change.

Please follow all medication instructions as indicated